

## Prof. YUNG Shu Hang Patrick

### EXPERIENCE

#### Expertise

Sports Medicine

Sports Injuries (Knee, Shoulder,  
Ankle & Hip Sports Injuries)

Community Sports Health

#### Education

MBChB (CUHK), FRCS(Edin),

FRCS (Edin Ortho Surg), FCSHK,

FHKAM (Ortho Surg), FHKCOS

#### Commitments:

##### International:

- President, Asian Federation of Sports Medicine (AFSM)
- Board Member, International Federation of Sports Medicine (FIMS)
- Chief Editor, Asia-Pacific Journal of Sports Medicine, Arthroscopy, Rehabilitation and Technology (AP-SMART)



President, Asian  
Federation of Sports  
Medicine (AFSM)  
HONG KONG



37<sup>th</sup> WORLD CONGRESS  
OF SPORTS MEDICINE | **FMS**  
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## EXPERIENCE

- Hon. Secretary, Asia Pacific Knee Arthroscopy & Sports Medicine Society (APKASS)
- Board Member, Asian Shoulder Expert Group (ASEG)
- Board Member, Asian Knee Arthroscopy ThinkTank (AKAT)
- Elite Anti-Doping & Medical Panel, Asian Football Confederation (AFC)
- International Expert Panel, Sports Medicine Committee, Asian Rowing Federation (ARC)
- Hon. Fellow, Academy of Medicine, Singapore
- Hon. Fellow, Academy of Medicine, Malaysia

### Local (Community):

- President, Hong Kong Association of Sports Medicine & Sports Science (HKASMSS)
- Chairman, Student Sports Activities Co-ordinating Sub-committee, The Government of HKSAR
- Vice Chairman, Community Sports Commission, The Government of HKSAR
- Member, Sports Commission, The Government of HKSAR

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- Member, Examination Sub-Committee, Licentiate Committee of the Medical Council of Hong Kong
- Anti-Doping Disciplinary Panel, Hong Kong Anti-Doping Committee, Sports Federation & Olympic Committee of Hong Kong, China (SF&OC)
- Chairman, Medical Committee, Hong Kong Football Association
- Board Member, Racing Development Board, Hong Kong Jockey Club
- Panels, Hong Kong Council for Accreditation of Academic & Vocational Qualifications (HKCAAVQ)
- Panels, Health Care & Promotion Fund Promotion Sub-committee, Food & Health Bureau (FHB)
- Honorary Sports Medicine Consultant, Hong Kong Cycling Association
- Honorary Sports Medicine Consultant, Hong Kong Sports Institute

### Local (Academic):

- Chairman, Department of Orthopaedics & Traumatology, CUHK

# EXPERIENCE

Clinical Director of Institute for Tissue Engineering and Regenerative Medicine (iTERM),

- Director, Hong Kong Centre of Sports Medicine and Sports Science, CUHK
- Director, The Hong Kong Jockey Club Sports Medicine and Health Sciences Centre, CUHK
- Past President, The Hong Kong College of Orthopaedic Surgeons (HKCOS) (2017 & 2018)
- Council Member, Hong Kong Academy of Medicine (2016-2018)
- Assistant Dean (Alumni Affairs), Faculty of Medicine, CUHK

## Summary

Recognised globally as a leader in Orthopaedic Sports Medicine, Professor YUNG Shu-Hang Patrick is the current

Chairman of the Department of Orthopaedics and Traumatology, Assistant Dean of Alumni Affairs of the Faculty of

Medicine of CUHK as well as serving as

Chairman or President of several prominent local & international organisations

focused on orthopaedics, sport medicine and

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arthroscopy surgery. In Hong Kong, he serves on the board of directors of several leading centres of health science, including the Hong Kong Centre of Sports Medicine and Sports Science, The Hong Kong Jockey Club Sports Medicine and Health Sciences Centre and he is also the Clinical Director of Institute for Tissue Engineering and Regenerative Medicine (iTERM), the President of the Asian Federation of Sports Medicine (AFSM), President of both the Hong Kong Association of Sports Medicine & Sports Science (HKASMSS) and the former Hong Kong College of Orthopaedic Surgeons (HKCOS).

A keen researcher and educator, Professor YUNG leads a team of CUHK researchers devoted to making advances in sports medicine and arthroscopy surgery. He has published over 150 scientific peer review papers in international journals, contributing significantly to establish Hong Kong's leading position in sports medicine. The head of two post-graduate

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MSc program - including the first ever Master Course in Sports Medicine & Health Science in Hong Kong - he has helped train over 900 medical professionals in the field of sports medicine since 2005. He also conducted hundreds of training courses to teach people ranging from amateur sports lovers to medical professionals about the management of sports injuries, from delivering emergency care on the field to the treatment and rehabilitation of injuries. In his capacity as director of the Orthopaedic Learning Centre (OLC) of CUHK, he has contributed to the training and development of more than 12,000 Orthopaedics surgeons from all over the world over the past 20 years

Professor YUNG is also committed to delivering medical services in amateur and professional sport communities in Hong Kong, China & overseas. As Medical Consultant for the Hong Kong Sports Institute, he has been volunteering his services for athletes of Hong Kong' elite sports teams and has been holding

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weekly clinic at the Hong Kong Sports Institute since 2001. Since 2003, he has been acting as Team Physician for Hong Kong teams competing in several major international tournaments, focusing mostly on the management and medical care coordination of injuries suffered by the elite athletes of the Hong Kong Sports Institute. His commitment to the promotion of sports medicine education and delivery of clinical services extend to public amateur sports lovers, and Professor YUNG has been serving sports teams across all levels of education (primary, secondary and college level). He is also an active member of the Elite Anti-doping & Medical Panel of the Asian Football Federation (AFC), and has been performing Anti-Doping works in major local and international sports competitions for the last 15 years. He remains an active member of the Anti-Doping Disciplinary Panel of the Hong Kong Anti-Doping Committee, Sports Federation & Olympic Committee of Hong Kong, China (SF&OC) and is a key figure in Anti-Doping in Asian football.

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Professor YUNG is known for his selfless dedication to community service, particularly in promoting sports as an important part of an active and healthy lifestyle, as well as advocating for safety in sports for all participants. In his capacity of Vice Chairman of the Community Sports Committee and Chairman of the Student Sports Activities Coordinating Sub-committee of The Government of HKSAR as well as in his functions of Member of the Sports Commission of the Government of HKSAR, Professor YUNG advises the Hong Kong government on strategies and initiatives aimed at promoting community participation in sports, particularly in schools. He also works on fostering partnerships between different sectors of the community to promote major community sports programmes, develop territory-wide community sports facilities and improve existing sports facilities.



## EXPERIENCE

Professor YUNG's commitment to community services has helped make Hong Kong a global leader in the field of Sport Medicine & Arthroscopy Surgery. In recognition of his local and international and contributions in the advancement of Sports Medicine & Health Science, he has been awarded the "Ten Outstanding Young Persons of Hong Kong" in 2009, the "FIMS Fellows" in 2011, the "Award of Secretary for Home Affairs' Commendation Scheme" of the Government of HKSAR in 2015. He also received the prestigious "Chinese Sports Medicine Magnolia Award" in 2017, the highest "Takagi & Watanabe Award" of Asia Pacific Knee Arthroscopy & Sports Medicine Society in 2018 as well as the "Golden Cradle Award" of the Hong Kong Elite Athletes Association in 2018 and the "Hong Kong Health Award" in 2018. He was made "Justice of the Peace" & the "Medal of Honor" by the Government of Hong Kong SAR in 2018 & 2021 respectively.